

NHBSR Conscious Business Leadership FAQs

How long is the program and what are dates?

6 months. We begin at 9 am and wind up at 3 pm. Thursday, September 26, 2019 is the kick off. The other dates are: October 24, 2019; November 21, 2019; December 19, 2019; January 23, 2020 and February 20, 2020.

Where does it take place?

At St. Anselm's College at the Center for Ethics in Business & Governance. 100 St. Anselm's Dr. in Manchester, NH.

What topics do you cover?

Each month, we explore an aspect of conscious business leadership, essentially how we are "being" in leadership in a way that sustains our humanness, our people in our organization, and our impact on the environment and in the community. Topics include: Developing Growth Mindsets, Cultivating Curiosity, Building Resiliency & Agility, Exploring What is Enough, Creating the All-Around Win-Win, and Making It Sustainable. **Download the flyer here** for more detailed information.

Does it work? What's the ROI?

We ask each participant to complete a Core Project unique to their respective organization's needs, while using conscious business leadership tools. Application of these tools is the best part of the program as the organization can evaluate the ROI in real time.

Who is Sojourn Partners?

Sojourn Partners is an executive coaching and organizational development firm. Most importantly, it's a conscious company on its own development path. They believe in doing more collectively. They believe in collaborating with community stakeholders, like the NHBSR. They believe in learning themselves. Sojourn's facilitators for conscious business leadership specialize in systems thinking and mindfulness – key foundations for the program.

What are people saying about the program?

People who have experienced work in conscious leadership with us have said: "It was a great opportunity to step back and refocus holistically on management style, staff needs and overall operations." "I would recommend this to any leader who wants to enhance their ability to be mindful and think more strategically." "I used conscious leadership skills to identify problems, potential solutions, how to get on the same page with someone. It heightened my sense of purpose within and for the organization."

What's the class size?

Up to 25 people. We find that this size provides a dynamic that allows for the wisdom of the group to emerge while giving individuals a chance to share and ask questions. It also promotes intraclass connectivity that continues long after the program completes.

What's the investment?

\$3,000 for NHBSR members, and \$3,500 for not-yet NHBSR members. There is also a 10% discount if 2 or more people from your organization are registered for the program.

How is this different from other leadership programs?

This program concentrates on the triple bottom line: People, Planet and Profit and how they are allies of one another. We also focus on not just your output as a leader but the input that is key to help you flourish in your own well-being, outlook and mindset. Identifying what feeds you and how that grows the organization is interwoven throughout program.

I'd like to talk to someone more about the program. Who can I contact?

Debra LeClair: debl@sojournpartners.com

Trinnie Houghton: trinnie@sojournpartners.com

How do I sign up?

Click on the registration link on [NHBSR's Conscious Business Leader Program](#).